



Ribeiro Class Schedule



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00am	Private Coaching Available	Private Coaching Available	Private Coaching Available	Private Coaching Available	Private Coaching Available	Private Coaching Available
11:30am	Adult Jiu-Jitsu Gi - Ages 16+ Sensei Dax	Private Coaching Available	Adult Jiu-Jitsu Gi - Ages 16+ Sensei Dax	Private Coaching Available	Private Coaching Available	Private Coaching Available
12:30pm	Private Coaching Available	Private Coaching Available	Private Coaching Available	Private Coaching Available	Private Coaching Available	Open Mat Adults
1:30pm	Private Coaching Available	Private Coaching Available	Private Coaching Available	Private Coaching Available	Private Coaching Available	Wrestling Coach Robert
5:00pm	Adult Boxing Coach Robert	Kids Boxing Coach Robert	Adult Boxing Coach Robert	Kids Boxing Coach Robert	Adult Boxing Coach Robert	
5:15pm	Little Samuuri Ages 3 to 6 Professor Glenda	Private Coaching Available	Little Samuuri Ages 3 to 6 Professor Glenda	Private Coaching Available	Little Samuuri Ages 3 to 6 Professor Glenda	
		Kids Jiu-Jitsu NOGi - Ages 7 to 15 Professor Ryan		Kids Jiu-Jitsu Gi - Ages 7 to 15 Professor Ashley		
6:00pm	Kids Jiu-Jitsu Gi - Ages 7 to 15 Sensei Dax	Womens Kickboxing Cardio Coach Cody	Kids Jiu-Jitsu Gi Advanced / Competition Sensei Dax	Womens Kickboxing Cardio Coach Cody	Kids Jiu-Jitsu Gi - Ages 7 to 15 Professor Ashley	
		Adult Jiu-Jitsu NoGi - Ages 16+ Professor Ryan		Adult Jiu-Jitsu Gi - Ages 16+ Sensei Dax		
7:00pm	Adult Jiu-Jitsu Gi - Ages 16+ Sensei Dax	Adult Jiu-Jitsu NoGi - Ages 16+ Professor Ryan	Adult Jiu-Jitsu Gi - Ages 16+ Sensei Dax	Adult Jiu-Jitsu Gi - Ages 16+ Professor Ashley	Adult Jiu-Jitsu Gi - Ages 16+ Professor Ashley	
						Closed



*** Some children may be more advanced than others, and it is at the discretion of the professors to be moved up to a different aged class/group ***